

KPR Institute of Engineering and Technology

(Autonomous, NAAC "A")

Avinashi Road, Arasur, Coimbatore.

KMC011

NBA Accredited

(CSE, ECE, EEE,

MECH, CIVIL)

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FREE MEDICAL CHECK-UP

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Event No	KMC011			
Organizing Department	KPR Medical Centre			
Associate Dept. NSC	Biomedical Engineering			
Date	13/04/2023			
Time	10:00 AM to 03:00 PM			
Event Type	ISR Activity			
Event Level	Institute			
Venue	Medical Center			
Total Participants	102			
Faculty - Internal	26			
Students - Internal	65			
Other Participants	11			

Related SDG



Resource Persons

SI	Туре	Name	Designation	Company	Email	Phone
1	Resource Person	Dr Sri Saranya	Doctor	GEM Hospital	gemhospitaloffice@gmail.com	xxxxxxxxxx

Involved Staffs

SI	Name	Role
1	Sreelatha P	Convenor
2	Krishna Kumar R	Co-convenor

Outcome

This camp was focused to identify uterus related problems like menstrual cycle issues and fertility related issues (For faculties).

Event Summary

GEM Hospital is the very first centre in India to get an ISO 9001:2008 Certificate in the field of gastroenterology & Laparoscopic Surgery. It also got NABH recognition for excellence in medical services. This hospital is providing world class health care with the latest diagnostic and therapeutic facilities and placed on the international medical map in the field of Laparoscopic surgery. The hospital supports Obstetrics and Gynecology with a team of expert doctors. KPRIET- KMC organized a one day camp to discuss gastro and gynecology related consultancy program. Dr. Sri Saranya expert consultant was the doctor who made her valuable time to help the student and faculty for getting an idea about their problems. Some of the most common menstrual problems addressed were painful periods, heavy periods, irregular periods, absent periods. Also, people with other health conditions may find that symptoms of these get worse before their periods. Some factors associated with primary dysmenorrhea like stress ,a higher body mass index, also known as BMI, attempts to lose weight, depression or anxiety, heavy periods and a family history of painful periods were discussed. The expert insisted the following points to the participants. If a person has experienced any of the following, they should speak with a doctor:

periods that become irregular or absent when they are usually regular, three missed periods in a row that have not resulted from pregnancy or breastfeeding, periods that happen more often than every 24 days or less often than every 38 days, pain that does not respond to OTC pain medication and interferes with daily life, bleeding that lasts longer than 8 days, bleeding through one or more tampons or pads every 1–2 hours etc.,

The camp was organized with the support of Dr.Shridhar, GEM Hospital and Mr Anand, PRO GEM hospital and Ms Kavitha Nurse.







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